

## 2022 September

### OEC and OALC High School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries <b>International Cuisine</b> Beef Taco in a Bag	Cheeseburger Mashed Potatoes and Chicken Gravy <b>International Cuisine</b> Chicken Tenders (Regular and Spicy) Mashed Potatoes and Chicken Gravy Dinner Roll Fresh Fruit Assorted Fresh Vegetables Turkey Cheese Hoagie	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries <b>International Cuisine</b> <b>Brunch For Lunch</b> French Toast Flavored Muffin Chicken Sausage Patties Hashbrown Patties Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetables Grilled Chicken Ranch Salad	Cheeseburger Chips <b>International Cuisine</b> Orange Chicken with White Rice Chicken Potsticker Ginger Stir-Fry Vegetables Fresh Fruit Assorted Fresh Vegetables Turkey Cheese Hoagie
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
Cheeseburger Curly Fries <b>International Cuisine</b> Pizza Turkey Pepperoni or Cheese Caesar Salad Parmesan Spinach Alfredo Tortilla Chips Fresh Fruit Assorted Fresh Vegetables Protein Pack	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries <b>International Cuisine</b> Beef Meatball Hoagie Sidewinder Fries Oven Roasted Curry Cauliflower Fresh Fruit Assorted Fresh Vegetables Grilled Chicken Ranch Salad	Cheeseburger Curly Fries <b>International Cuisine</b> Penne Grilled Chicken Alfredo Breadstick Steamed Seasoned Broccoli Fresh Fruit Assorted Fresh Vegetables Turkey Cheese Hoagie	Breaded Chicken Sandwich (Spicy or Regular) Mashed Potatoes And Country Gravy <b>International Cuisine</b> Country Fried Beef Steak Mashed Potatoes And Country Gravy Dinner Roll Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetables Grilled Chicken Ranch Salad	Cheeseburger Chips <b>International Cuisine</b> Shredded Chicken Burrito Bowl with Flour Tortilla Cilantro Lime Rice Southwest Beans Chipotle Cinnamon Sweet Potatoes Fresh Fruit Assorted Fresh Vegetables Fresh Baked Cookie Turkey Cheese Hoagie
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
Cheeseburger Curly Fries <b>International Cuisine</b> Thai Sweet Chili Chicken White Rice Vegetable Eggroll Ginger Stir-Fry Vegetables Fresh Fruit Assorted Fresh Vegetables Protein Pack	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries <b>International Cuisine</b> Cheesy Hot Pockety Pizza with Marinara Sauce Savory Green Beans and Onions Fresh Fruit Assorted Fresh Vegetables Grilled Chicken Ranch Salad	Cheeseburger Mashed Potatoes and Chicken Gravy <b>International Cuisine</b> Breaded Chicken Drumstick Mashed Potatoes and Chicken Gravy Dinner Roll Buttered Corn Fresh Fruit Assorted Fresh Vegetables Turkey Cheese Hoagie	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries <b>International Cuisine</b> Cheesy Beef Totchos Southwestern Rice Fritos Corn Chips Oven Roasted Sweet Potatoes Fresh Fruit Assorted Fresh Vegetables Grilled Chicken Ranch Salad	Cheeseburger Chips <b>International Cuisine</b> <b>Poppin' Flavored Popcorn Chicken Day</b> (Southern Style OR Nashville Hot) BBQ Baked Beans Fritos Oven Roasted Broccoli Fresh Fruit Assorted Fresh Vegetables Turkey Cheese Hoagie
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
Cheeseburger Curly Fries <b>International Cuisine</b> Italian Dunker with Marinara Sauce Caesar Salad Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetables Protein Pack	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries <b>International Cuisine</b> Sloppy Joe Sandwich Sidewinder Fries BBQ Baked Beans Soy Glazed Cauliflower Fresh Fruit Assorted Fresh Vegetables Grilled Chicken Ranch Salad	Cheeseburger Curly Fries <b>International Cuisine</b> Chicken Bites Mashed Potatoes and Chicken Gravy Dinner Roll Fresh Fruit Assorted Fresh Vegetables Turkey Cheese Hoagie	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries <b>International Cuisine</b> <b>Chicken Wing Day</b> Pretzel and Cheese Sauce Steamed Seasoned Broccoli Fresh Fruit Assorted Fresh Vegetables Grilled Chicken Ranch Salad	Cheeseburger Chips <b>International Cuisine</b> Spicy Szechuan Chicken Lo Mein Noodles Oven Roasted Brussel Sprouts Fresh Fruit Assorted Fresh Vegetables Turkey Cheese Hoagie

Manager Choice of: Peanut Butter or Sun Butter and Jelly sandwich

\*In the event that school is closed due to inclement weather, the menu offerings from the initial day school is closed will be the offerings on the following school day.

**This institution is an equal opportunity provider.**